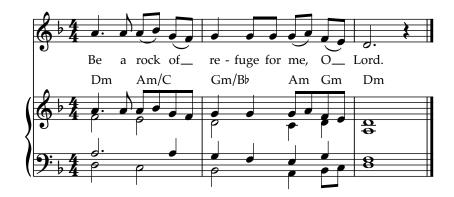
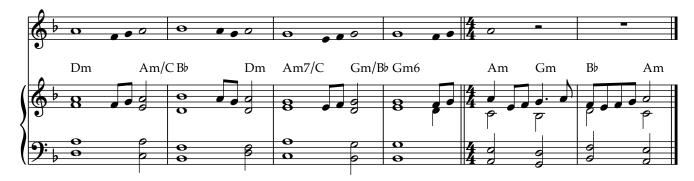
In you, O Lord, I take refuge

Psalm 31

Response		
cf. 3b	Be a rock of refuge for me, O LORD	31-1*
6a	Into your hands, O LORD, I commend my spirit	31-2, 3
6b	You will redeem me, O LORD, O faithful God	31-4
17b	Save me, Lord, in your merciful love	31-5, 6
25	Be strong, let your heart take courage, all who hope in the LORD	31-7
25	Let your heart take courage, all who hope in the LORD	31-8
Lk 23:46	Father, into your hands I commend my spirit	31-9*, 10, 11
	Alleluia	
Sundays		
41	Good Friday	31-9
85	9th Sunday in Ordinary Time, Year A	31-1
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232	Wednesday, 2nd Week of Lent	31-5
274	Tuesday, 3rd Week of Easter	31-2
323i	Monday, 4th Week in Ordinary Time, Year 1	31-7
367ii	Wednesday, 11th Week in Ordinary Time, Year 2	31-8
Proper of	Saints and Commons	
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639	September 15, Our Lady of Sorrows	31-6
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696	December 26, St Stephen	31-3
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- In you, O LORD, <u>I</u> take refuge. Let me never be <u>put</u> to shame. In your justice, <u>set</u> me free;
- incline your ear to me, and spee<u>di</u>ly rescue me. R.

Be a rock of refuge for me, a mighty stronghold to save me.

- For you are my <u>rock</u>, my stronghold!

 Lead me, guide me, for the sake <u>of</u> your name.
- Let your face shine <u>on</u> your servant. Save me in your mer<u>ci</u>ful love.
- Be strong, let your <u>heart</u> take courage, all who hope <u>in</u> the LORD.

Psalm 31(30):2-3a. 3b-4. 17, 25. R. cf. 3b

• 85 9th Sunday in Ordinary Time, Year A



- In you, O LORD, <u>I</u> take refuge. Let me never be <u>put</u> to shame. In your justice, <u>set</u> me free;
- incline your ear to me, and speedily rescue me.

 Be a rock of refuge for me,
 a mighty stronghold to save me.
- For you are my <u>rock</u>, my stronghold!

 Lead me, guide me, for the sake <u>of</u> your name.
- Let your face shine <u>on</u> your servant. Save me in your mer<u>ci</u>ful love.
- Be strong, let your <u>heart</u> take courage, all who hope <u>in</u> the LORD. **R**.



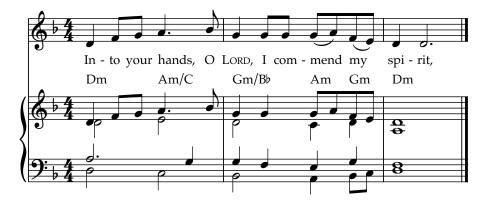
Be a rock of refuge for me, a mighty stronghold to save me.

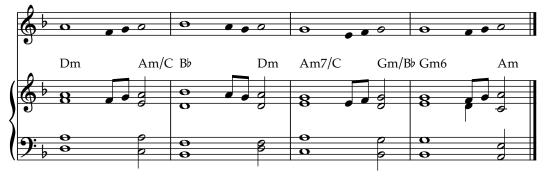
- For you are my <u>rock</u>, my stronghold!

 Lead me, guide me, for the sake <u>of</u> your name. R
- Into your hands I com<u>mend</u> my spirit. You will redeem me, O LORD, O <u>faith</u>ful God.
- As for me, I trust in the LORD.
- Let me be glad and rejoice \underline{in} your mercy. \mathbb{R}^2
- Let your face shine <u>on</u> your servant. Save me in your mer<u>ci</u>ful love.
- You hide them in the shelter <u>of</u> your presence, secure from human scheming. **R**.

Psalm 31(30):3c-4. 6ab, 7b, 8a. 17, 21ab. R. 6a

• 274 Tuesday, 3rd Week of Easter





- Be a rock of refuge for me, a mighty stronghold to save me.
- Into your hands I com<u>mend</u> my spirit. You will redeem me, O LORD, O faithful God.
- Let me be glad and rejoice <u>in</u> your mercy, for you who have seen <u>my</u> affliction.
- From the hands of my enemies deliver me, and from those who pursue me.
- Let your face shine <u>on</u> your servant. Save me in your merciful love. **R**.

Psalm 31(30):3b-4. 6, 8ab. 16bc, 17. №6a

- 561a May 4, The English Martyrs (England)
- 684i November 30, St Andrew (Scotland)
- 696 December 26, St Stephen
- 715-1 Common of Martyrs



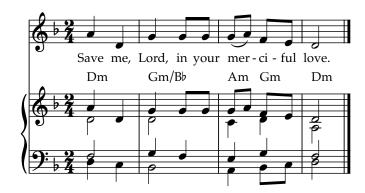
- In you, O LORD, <u>I</u> take refuge. Let me never be put to shame. In your justice, <u>set</u> me free;
- incline your ear to me, and speedily rescue me. \mathbb{R}^{2}

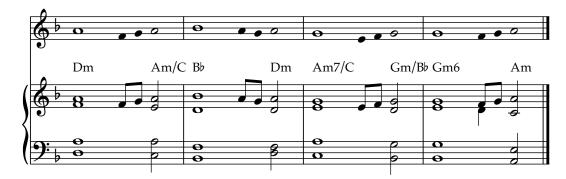
Be a rock of refuge for me, a mighty stronghold to save me.

- Release me from the snare <u>they</u> have hidden, for you indeed <u>are</u> my refuge.
- Into your hands I com<u>mend</u> my spirit.
 You will redeem me, O LORD, O <u>faithful</u> God. **R**.

Psalm 31(30):2-3a. 3b-4. 5-6. R⁄.6b

• 779b-3 Ritual: Penance

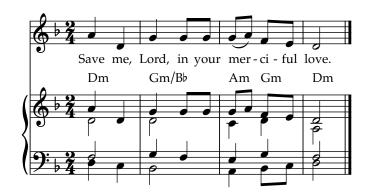


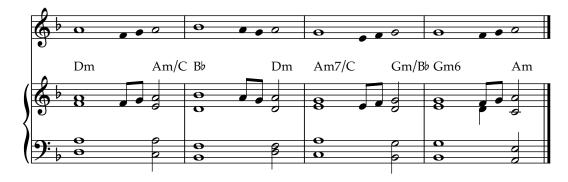


- Release me from the snare <u>they</u> have hidden, for you indeed <u>are</u> my refuge.
- Into your hands I com<u>mend</u> my spirit.
 You will redeem me, O LORD, O faithful God. R.
- I have heard the slander <u>of</u> the crowd; terror <u>all</u> around me, as they plot toge<u>ther</u> against me, as they plan to <u>take</u> my life. R.
- But as for me, I trust in you, O LORD; I say, 'You <u>are</u> my God.
- There in your hands <u>is</u> my lot, from the hands of my ene<u>mies</u> deliver me, and from those who pursue me.' R.

Psalm 31(30):5-6. 14. 15-16. R/17b

• 232 Wednesday, 2nd Week of Lent





- In you, O LORD, <u>I</u> take refuge. Let me never be put to shame. In your justice, <u>set</u> me free;
- incline your ear to me, and spee<u>di</u>ly rescue me. R.

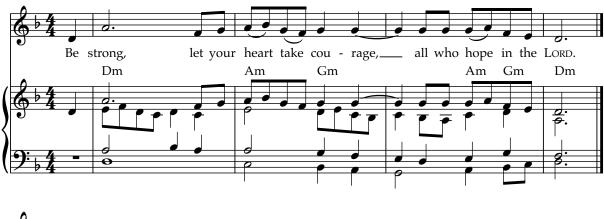
Be a rock of refuge for me, a mighty stronghold to save me.

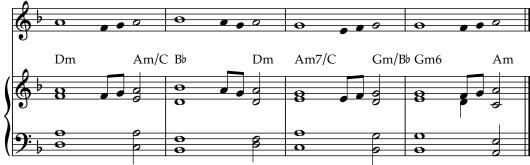
- For you are my <u>rock</u>, my stronghold!

 Lead me, guide me, for the sake <u>of</u> your name.
- But as for me, I trust in you, O LORD; I say, 'You <u>are</u> my God.
- There in your hands <u>is</u> my lot, from the hands of my ene<u>mies</u> deliver me, and from those <u>who</u> pursue me.' R.
- How great is the <u>good</u>ness, LORD, that you keep for <u>those</u> who fear you, that you show to <u>those</u> who trust you in the sight of the child<u>ren</u> of Adam.

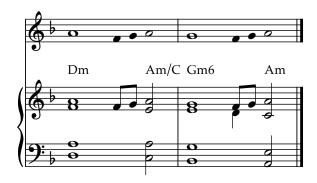
Psalm 31(30):2-3a. 3b-4. 5-6. 15-16. 20. RX17b

• 639 September 15, Our Lady of Sorrows





- How great is the <u>good</u>ness, LORD, that you keep for <u>those</u> who fear you, that you show to <u>those</u> who trust you in the sight of the child<u>ren</u> of Adam.
- You hide them in the shelter <u>of</u> your presence, secure from <u>hu</u>man scheming; you keep them safe with<u>in</u> your tent from disputing tongues.



- Blest be the LORD for he has wond<u>rous</u>ly shown me his merciful love in a for<u>tified city!</u> \mathbb{R} .
- 'I am far removed <u>from</u> your sight,' I said in <u>my</u> alarm.

 Yet you heard the voice <u>of</u> my plea when I cried to you for help.

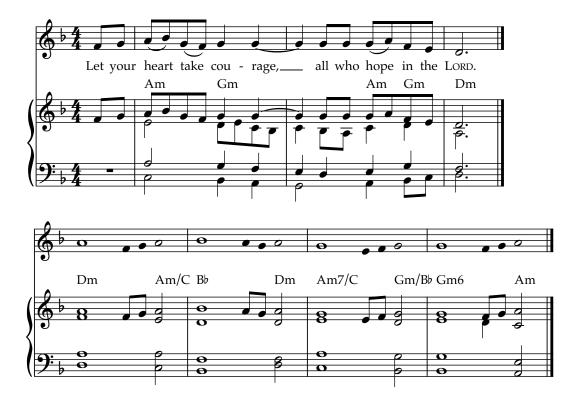
(cont.)



Love the LORD, all you his saints.
The LORD guards the faithful.
But the LORD will repay to the full the one who acts with pride.

Psalm 31(30):20. 21. 22. 23. 24. RZ25

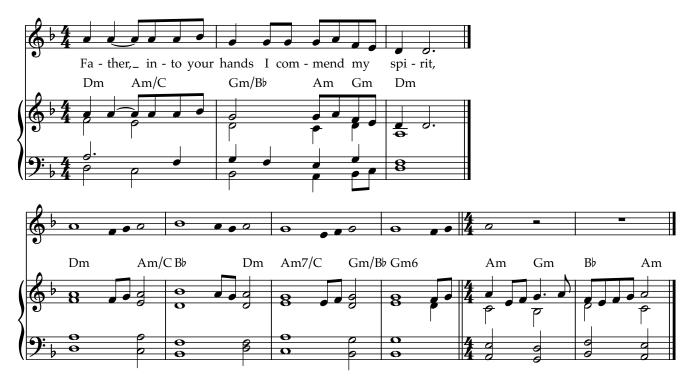
• 323i Monday, 4th Week in Ordinary Time, Year 1



- How great is the <u>good</u>ness, LORD, that you keep for <u>those</u> who fear you, that you show to <u>those</u> who trust you in the sight of the child<u>ren</u> of Adam.
- You hide them in the shelter <u>of</u> your presence, secure from <u>hu</u>man scheming; you keep them safe with<u>in</u> your tent from disputing tongues. **R**.
- Love the LORD, all you his saints.
 The LORD guards the faithful.
 But the LORD will repay to the full the one who acts with pride.

Psalm 31(30):20. 21. 24. R. 25

• 367ii Wednesday, 11th Week in Ordinary Time, Year 2



- In you, O LORD, <u>I</u> take refuge. Let me never be put to shame. In your justice, <u>set</u> me free.
- Into your hands I commend my spirit.
 You will redeem me, O Lord, O <u>faithful</u> God. R.
- Because of <u>all</u> my foes
 I have become <u>a</u> reproach,
 an object of scorn <u>to</u> my neighbours
 and of fear <u>to</u> my friends. R

Those who see me <u>in</u> the street, they flee <u>from</u> me.

- I am forgotten, like <u>some</u>one dead, and have become like a broken vessel. **R**.
- But as for me, I trust in you, O LORD; I say, 'You <u>are</u> my God.
- There in your hands is my lot, from the hands of my enemies deliver me and from those who pursue me. ?
- 'Let your face shine <u>on</u> your servant. Save me in your mer<u>ci</u>ful love.'
- Be strong, let your <u>heart</u> take courage, all who hope <u>in</u> the LORD. **R**

Psalm 31(30):2, 6. 12a-d. 12e-13. 15-16. 17, 25. R. Luke 23:46

• 41 Good Friday



- In you, O LORD, <u>I</u> take refuge. Let me never be put to shame. In your justice, <u>set</u> me free.
- Into your hands I commend my spirit.
 You will redeem me, O LORD, O faithful God. R.
- Because of <u>all</u> my foes
 I have become <u>a</u> reproach,
 an object of scorn <u>to</u> my neighbours
 and of fear <u>to</u> my friends. R

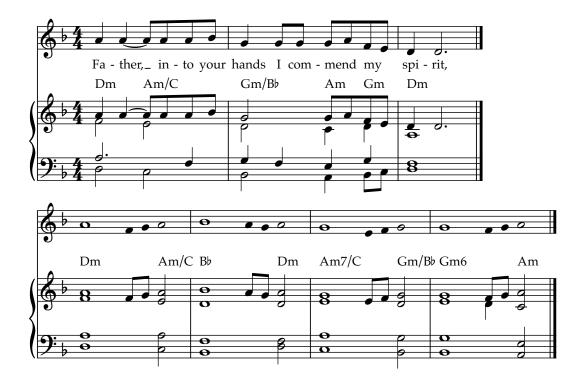
Those who see me \underline{in} the street, they flee \underline{from} me.

I am forgotten, like <u>some</u>one dead, and have become like a broken vessel.

(cont.)



- But as for me, I trust in you, O LORD; I say, 'You are my God.
- There in your hands is my lot, from the hands of my enemies deliver me and from those who pursue me.'
- 'Let your face shine <u>on</u> your servant. Save me in your mer<u>ci</u>ful love.'
- Be strong, let your <u>heart</u> take courage, all who hope <u>in</u> the LORD. **R**.



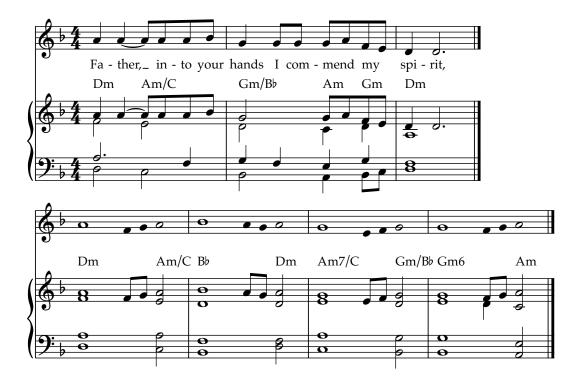
- In you, O LORD, <u>I</u> take refuge. Let me never be put to shame. In your justice, <u>set</u> me free.
- Into your hands I commend my spirit.
 You will redeem me, O LORD, O faithful God.
- Because of <u>all</u> my foes
 I have become <u>a</u> reproach,
 an object of scorn <u>to</u> my neighbours
 and of fear to my friends.

Those who see me <u>in</u> the street, they flee <u>from</u> me.

- I am forgotten, like <u>some</u>one dead, and have become like a <u>bro</u>ken vessel. **R**
- But as for me, I trust in you, O LORD; I say, 'You are my God.
- There in your hands is my lot, from the hands of my enemies deliver me and from those who pursue me.' R.
- 'Let your face shine <u>on</u> your servant. Save me in your mer<u>ci</u>ful love.'
- Be strong, let your <u>heart</u> take courage, all who hope <u>in</u> the LORD. **R**.

Psalm 31(30):2, 6. 12a-d. 12e-13. 15-16. 17, 25. R. Luke 23:46

• 971-2 Votive: The Mystery of the Holy Cross



- In you, O LORD, <u>I</u> take refuge. Let me never be put to shame. In your justice, <u>set</u> me free.
- Into your hands I commend my spirit.
 You will redeem me, O Lord, O faithful God. R.
- You who have seen my affliction and taken heed of my soul's distress,
- have not left me in the hands of the enemy, but set my feet at large. \mathbb{R}
- But as for me, I trust in you, O LORD; I say, 'You are my God.
- There in your hands is my lot, from the hands of my enemies deliver me and from those who pursue me.' R.
- 'Let your face shine <u>on</u> your servant. Save me in your mer<u>ci</u>ful love.'
- Be strong, let your <u>heart</u> take courage, all who hope <u>in</u> the LORD. **R**.

Psalm 31(30):2, 6. 8b-9. 15-16. 17, 25. R. Luke 23:46

• 965 VNO: For the Grace of a Happy Death



