

# Psalm 30

*I will extol you, LORD*

## *Response*

2a *I will extol you, LORD, for you have raised me up*..... 30-1\*, 30-2  
*Alleluia* ..... 30-A

## *Sundays*

41 Easter Vigil, Psalm after 4th Reading ..... 30-1  
48 3rd Sunday of Easter, Year C ..... 30-1  
98 13th Sunday in Ordinary Time, Year B ..... 30-1  
90 10th Sunday in Ordinary Time, Year C ..... 30-1

## *Weekdays*

190 Thursday, 3rd Week of Advent ..... 30-2  
244 Monday, 4th Week of Lent ..... 30-2

I will ex - tol\_ you, LORD, for you have raised me up.

Capo 1: D G A Em A  
Eb Ab Bb Fm Bb

Capo 1: D A/C# G/B A D/F# Em/G A D Em  
Eb Bb/D Ab/C Bb Eb/G Fm/Ab Bb Eb Fm

Bm G A  
Cm Ab Bb

- 2 I will extol you, LORD, for you have raised me up,  
and have not let my enemies rejoice over me.
- 4 O LORD, you have lifted up my soul from Sheol,  
restored me to life from those who sink into the pit. **R.**
- 5 Sing psalms to the LORD, you faithful ones;  
give thanks to his holy name.
- 6 His anger lasts a moment; his favour all through life.  
At night come tears, but dawn brings joy. **R.**
- 11 Hear, O LORD, and have mercy on me;  
be my help, O LORD.
- 12 You have changed my mourning into dancing.
- 13 O LORD my God, I will thank you for ever. **R.**

**Psalm 30(29):2, 4, 5-6, 11, 12a, 13b. R. 2a**

- 41 Easter Vigil, Psalm after 4th Reading
- 48 3rd Sunday of Easter, Year C
- 90 10th Sunday in Ordinary Time, Year C
- 98 13th Sunday in Ordinary Time, Year B

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(cont.)

I will ex - tol you, LORD, for you have raised me up.

Capo 1: D G A Em A  
Eb Ab Bb Fm Bb

Capo 1: D A/C# G/B A D/F# Em/G A D Em  
Eb Bb/D Ab/C Bb Eb/G Fm/Ab Bb Eb Fm

Bm G A  
Cm Ab Bb

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be my helper, O LORD.
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**Psalm 30(29):2, 4. 5-6. 11, 12a, 13b. R. 2a**

- 190 Thursday, 3rd Week of Advent
- 244 Monday, 4th Week of Lent

Al-le-lu - ia, al-le-lu - ia, al-le-lu - ia.

Capo 1: D A G C G A D  
Eb Bb Ab Db Ab Bb Eb

Capo 1: D/F# Em/G A D  
Eb/G Fm/Ab Bb Eb

Capo 1: D A/C# G/B A D/F# Em/G A D  
Eb Bb/D Ab/C Bb Eb/G Fm/Ab Bb Eb

Great and won - der - ful are your works, O Lord.

D G C Bm Em A Bm A D  
Eb Ab Db Cm Fm Bb Cm Bb Eb