# Psalms & Songs of Mercy

# Martin Foster

#### **Contents**

#### **Psalms**

Psalm 24 (25) Remember your mercy	2
Psalm 102 (103) The Lord is compassion	3
Psalm 135 (136) For your merciful love	2
Psalm 145 (146) Blessed are the merciful	<i>.</i>
Songs	
The Lord, a God of mercy and compassion (Ex 34 + Ps 50)	
Rejoice with me (Luke 15)	8
Jesus, Son of David	9
Jesus, face of the Father's mercy	10
God of compassion	13
Mass Part	
Penitential Act 'Misericardia Vultus'	1/

This collection has as its starting point the Year of Mercy which begins on 8 December 2015. Many of the pieces are based on passages highlighted in Pope Francis' *Misericordiæ Vultus*. They are intended to be used whenever a community's liturgy and prayer reflect on God's mercy. The psalms could be used at both Penitential Services and Rites of Penance — Psalm 135 which does not occur in the Sunday Eucharist could be used as a song of thanksgiving. Further pieces will be available on the Bear Music website [www.bearmusic.info]



# Remember your mercy, Lord Psalm 24 (25)

# Music by Martin Foster



- Lord, make me know your ways.
   Lord, teach me your paths.
   Make me walk in your truth, and teach me for you are God my saviour.
- 2. Remember your <u>mer</u>cy, Lord, and the love you have shown <u>from</u> of old. Do not remember the sins <u>of</u> my youth In your love remember me, because of your good<u>ness</u>, O Lord.
- 3. The Lord is <u>good</u> and upright. He shows the path to <u>those</u> who stray, he guides the humble <u>in</u> the right path; he teaches his way <u>to</u> the poor.

Psalm 24 (25):4–9 R. v.6

• cf. 26th Sunday in Ordinary Time, Year A

In this Jubilee Year, may the Church echo the word of God that resounds strong and clear as a message and a sign of pardon, strength, aid, and love. May she never tire of extending mercy, and be ever patient in offering compassion and comfort. May the Church become the voice of every man and woman, and repeat confidently without end: "Be mindful of your mercy, O Lord, and your steadfast love, for they have been from of old" [MV25]

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# The Lord is compassion and love Psalm 102

# Music by Martin Foster



- 1. My soul, give thanks to the Lord, all my being bless his holy name. My soul, give thanks to the Lord and never forget <u>all</u> his blessings.
- 2. It is he who forgives all your guilt, who heals every one of your ills, who redeems your life from the grave, who crowns you with love and compassion.
- 3. His wrath will come to an end; he will not be angry for ever. He does not treat us according to our sins nor repay us according to our faults.
- 4. For as the heavens are high above the earth so strong is his love for those who fear him. As far as the east is from the west so far does he remove our sins.

Psalm 102 (103): 1-4. 9-12 R. v. 8 24th Sunday in Ordinary Time, Year A

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<sup>&</sup>quot;Patient and merciful." These words often go together in the Old Testament to describe God's nature. His being merciful is concretely demonstrated in his many actions throughout the history of salvation where his goodness prevails over punishment and destruction. In a special way the Psalms bring to the fore the grandeur of his merciful action: "He forgives all your iniquity, he heals all your diseases, he redeems your life from the pit, he crowns you with steadfast love and mercy" (Ps 102:3-4). [MV6]

# Music by Martin Foster



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- 1. O give thanks to the Lord for he is good, For his merciful love lasts for ever. Give thanks to the God of gods, For his merciful love lasts for ever. Give thanks to the Lord of lords, For his merciful love lasts for ever.
- 2. Who alone has wrought marvellous works, For his merciful love lasts for ever. Whose wisdom it was made the skies, For his merciful love lasts for ever. Who fixed the earth firmly on the seas, For his merciful love lasts for ever.
- 3. It was he who made the great lights, For his merciful love lasts for ever. The sun to rule in the day, For his merciful love lasts for ever. The moon and the stars in the night, For his merciful love lasts for ever.
- 4. The first-born of the Egyptians he smote, For his merciful love lasts for ever. He brought Israel out from their midst, For his merciful love lasts for ever. Arm outstretched, with power in his hand, For his merciful love lasts for ever.
- 5. He divided the Red Sea in two, For his merciful love lasts for ever. He made Israel pass through the midst, For his merciful love lasts for ever. He flung Pharaoh and his force in the sea, For his merciful love lasts for ever.

- 6. Through the desert his people he led, For his merciful love lasts for ever. Nations in their greatness he struck, For his merciful love lasts for ever. Kings in their splendour he slew, For his merciful love lasts for ever.
- 7. Sihon, king of the Amorites, [B] For his merciful love lasts for ever. And Og, the king of Bashan, [C] For his merciful love lasts for ever.
- 8. He let <u>Is</u>rael in<u>he</u>rit their <u>land</u>, For his merciful love lasts for ever. On his servant their land he bestowed, For his merciful love lasts for ever. He remembered us in our distress, For his merciful love lasts for ever.
- 9. And he snatched us away from our foes, For his merciful love lasts for ever. He gives food to all living things, For his merciful love lasts for ever. To the God of heaven give thanks, For his merciful love lasts for ever.
- 10. Give praise to the Father almighty, For his merciful love lasts for ever. To his Son Jesus Christ the Lord, For his merciful love lasts for ever. To the Spirit who dwells in our hearts, For his merciful love lasts for ever.

<sup>&</sup>quot;For his mercy endures forever." This is the refrain repeated after each verse in Psalm 136 as it narrates the history of God's revelation. By virtue of mercy, all the events of the Old Testament are replete with profound salvific import. Mercy renders God's history with Israel a history of salvation. To repeat continually "for his mercy endures forever," as the psalm does, seems to break through the dimensions of space and time, inserting everything into the eternal mystery of love. It is as if to say that not only in history, but for all eternity man will always be under the merciful gaze of the Father. It is no accident that the people of Israel wanted to include this psalm – the "Great Hallel," as it is called – in its most important liturgical feast days. [MV7]

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- 1. It is the Lord who keeps <u>faith</u> for ever, who is just to those who <u>are</u> oppressed. It is he who gives bread <u>to</u> the hungry, the Lord, who sets prisoners free,
- 2. It is the Lord who gives sight <u>to</u> the blind, who raises up those who <u>are</u> bowed down, the Lord, who pro<u>tects</u> the stranger and upholds the wi<u>dow</u> and orphan.
- 3. It is the Lord who <u>loves</u> the just but thwarts the path <u>of</u> the wicked. The Lord will <u>reign</u> for ever, Zion's God, from <u>age</u> to age.

#### Psalm 145 (146): 7-10. R. Matthew 5:7

• cf. 4th Sunday in Ordinary Time, Year A

Another psalm, in an even more explicit way, attests to the concrete signs of his mercy: "He secures justice for the oppressed; he gives food to the hungry. The Lord sets the prisoners free; the Lord opens the eyes of the blind. The Lord lifts up those who are bowed down; the Lord loves the righteous. The Lord watches over the sojourners, he upholds the widow and the fatherless; but the way of the wicked he brings to ruin" (Ps 145:7-9). In short, the mercy of God is not an abstract idea, but a concrete reality through which he reveals his love as that of a father or a mother, moved to the very depths out of love for their child. It is hardly an exaggeration to say that this is a "visceral" love. It gushes forth from the depths naturally, full of tenderness and compassion, indulgence and mercy. [MV6]

The response taken from the Beatitudes is based on the use of this psalm with the response 'How happy are the poor in spirit...'

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# The Lord, a God of mercy and compassion Exodus 34 with verses based on Psalm 50

#### Martin Foster

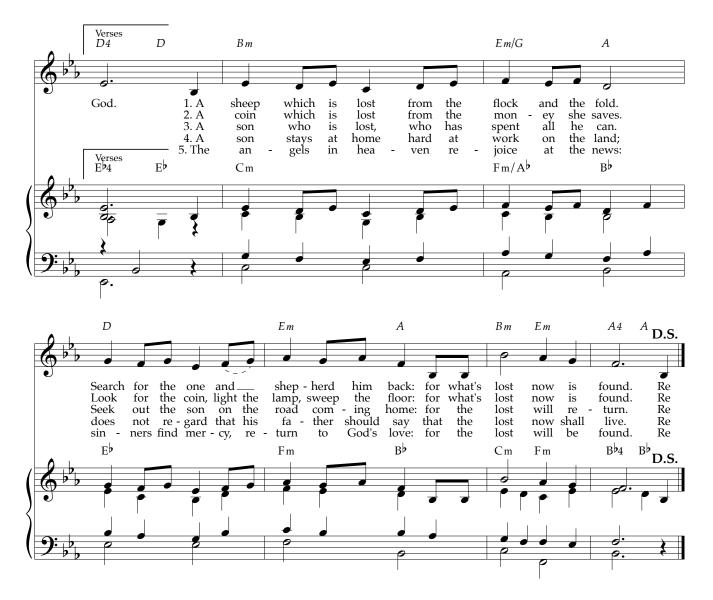


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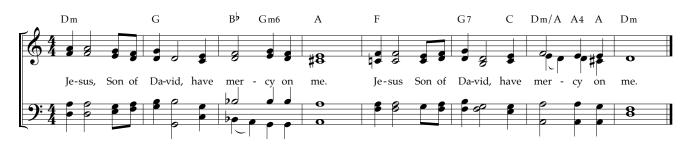


In the parables devoted to mercy, Jesus reveals the nature of God as that of a Father who never gives up until he has forgiven the wrong and overcome rejection with compassion and mercy. We know these parables well, three in particular: the lost sheep, the lost coin, and the father with two sons (cf. Lk 15:1-32). In these parables, God is always presented as full of joy, especially when he pardons. In them we find the core of the Gospel and of our faith, because mercy is presented as a force that overcomes everything, filling the heart with love and bringing consolation through pardon. [MV9]

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# Jesus, Son of David

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A number of times in the gospels people seek mercy from Jesus hailing him as Son of David. This chant could be used as an ostinato.

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Jesus Christ is the face of the Father's mercy. These words might well sum up the mystery of the Christian faith. Mercy has become living and visible in Jesus of Nazareth, reaching its culmination in him....Whoever sees Jesus sees the Father (cf. Jn 14:9). Jesus of Nazareth, by his words, his actions, and his entire person reveals the mercy of God. [MV1]

The verses offer examples from across the gospels where Jesus looks with mercy/compassion. The last two verses are drawn from Matthew 25. The verse could be sung straight through by a cantor but the choir parts suggest a dialogue with perhaps the last phrase being sung by all.

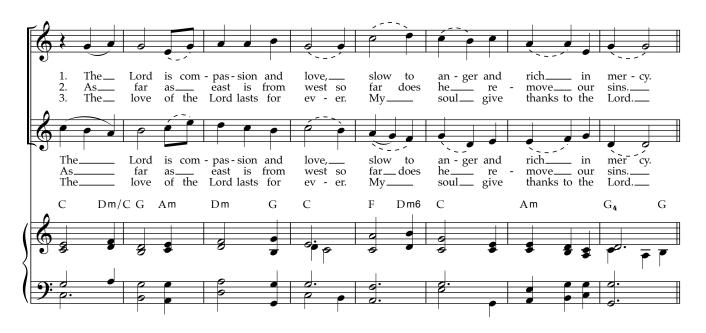
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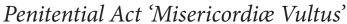
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The music takes some Handel as its starting point. The refrain may be used on its own as a response or an ostinato. The verses, taken from Psalm 102 (103), are optional and can either be sung in 2 parts or choose one of the parts. They may even be sung over the top of the refrain. Alternatively they may be played by instruments.

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The 3rd form of the Penitenial Act is a litany of praise for the love and mercy of God. The sentences are praise to Christ for his saving acts of mercy. (cf. *Celebrating the Mass* 145). This may be used with the following invocations:

Lord Jesus, you came to seek out and save what was lost: You gave your life as a ransom for all:

You gather together the scattered children of God:

Lord Jesus, you are the image of the unseen God: You are the firstborn of all creation: You are the head of the body, the Church:

# Choir parts

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