

Antiphons

Ordinary Time I

(Sundays 1 – 9)

First Week in Ordinary Time

EA	<i>Upon a lofty throne</i> (102)	2
CA I	<i>With you, O Lord is the fountain of life</i> (35)	3
CA II	<i>I have come that they may have life</i> (15)	4

Second Sunday in Ordinary Time

EA	<i>All the earth shall bow down</i> (65)	5
CA I	<i>You have prepared a table for me</i> (22)	6
CA II	<i>We come to know and believe</i> (145)	7

Third Sunday in Ordinary Time

EA	<i>O sing a new song to the Lord</i> (95)	8
CA I	<i>Look towards the Lord and be radiant</i> (33)	9
CA II	<i>I am the light of the world</i> (111)	10

Fourth Sunday in Ordinary Time

EA	<i>Save us, O Lord our God</i> (121)	11
CA I	<i>Let your face shine on your servant</i> (30)	12
CA II	<i>Blessed are the poor in spirit</i> (36)	13

Fifth Sunday in Ordinary Time

EA	<i>O come let us worship the Lord</i> (94)	14
CA I	<i>Let them thank the Lord for his mercy</i> (106)	15
CA II	<i>Blessed are those who mourn</i> (36)	16

Sixth Sunday in Ordinary Time

EA	<i>Be my protector, O God</i> (30)	17
CA I	<i>They ate and had their fill</i> (77)	18
CA II	<i>God so loved the world</i> (102)	19

Seventh Sunday in Ordinary Time

EA	<i>O Lord, I trust in your merciful love</i> (12)	20
CA I	<i>I will recount all your wonders</i> (9)	21
CA II	<i>Lord, I have come to believe</i> (118)	22

Eighth Sunday in Ordinary Time

EA	<i>The Lord became my protector</i> (17)	23
CA I	<i>I will sing to the Lord</i> (32)	24
CA II	<i>Behold, I am with you always</i> (67)	25

Ninth Sunday in Ordinary Time

EA	<i>Turn to me</i> (24)	26
CA I	<i>To you I call</i> (16)	27
CA II	<i>Amen, I say to you</i> (60)	28

FIRST WEEK IN ORDINARY TIME

Entrance Antiphon

Up-on a lofty throne I saw a man seated, whom a hosts of angels a-dore, sing-ing in u-ni-son:

Behold him, the name of whose empire is e-ternal.

Psalm 102:19-22

The Lord has set his sway in heaven
and his kingdom is ruling over all.
Give thanks to the Lord, all his angels, †
mighty in power, fulfilling his word,
who heed the voice of his word.

Give thanks to the Lord, all his hosts,
his servants who do his will.
Give thanks to the Lord, all his works, †
in every place where he rules.
My soul, give thanks to the Lord!

Glory be...

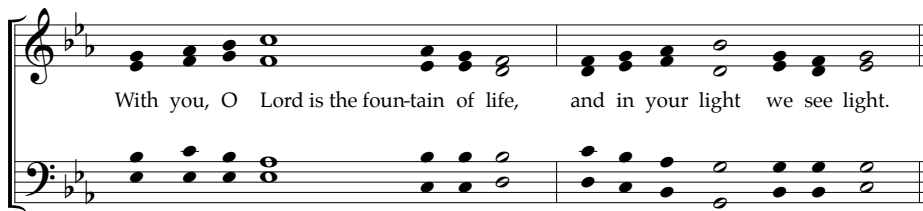
Alternative Psalm verses

Psalm 100

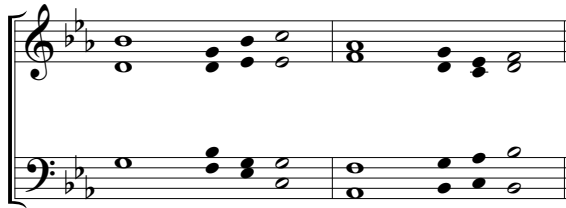
FIRST WEEK IN ORDINARY TIME

Communion Antiphon I

Psalm 35:10



With you, O Lord is the fountain of life, and in your light we see light.



Psalm 35 (36): 6-10

Your love, Lord, reaches to heaven;
your truth to the skies.
Your justice is like God's mountain,
your judgments like the deep.

To both man and beast you give protection.
O Lord, how precious is your love.
My God, the sons of men
find refuge in the shelter of your wings.

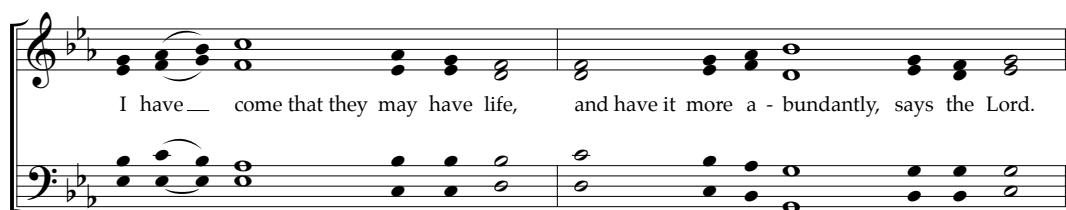
They feast on the riches of your house;
they drink from the stream of your delight.
In you is the source of life
and in your light we see light.

Glory be...

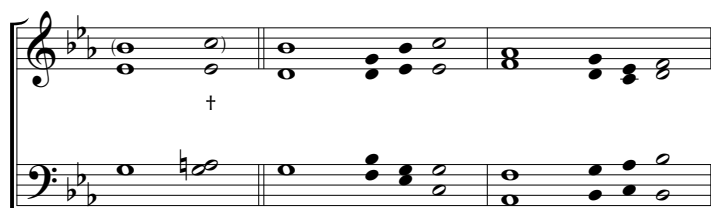
FIRST WEEK IN ORDINARY TIME

Communion Antiphon II

John 10:10



I have — come that they may have life, and have it more a - bundantly, says the Lord.



†

Psalm 15 (16): 1-2, 5-11

Preserve me, God, I take refuge in you. †
I say to the Lord: "You are my God.
My happiness lies in you alone."

O Lord, it is you who are my portion and cup;
it is you yourself who are my prize.
The lot marked out for me is my delight:
welcome indeed the heritage that falls to me!

I will bless the Lord who gives me counsel,
who even at night directs my heart.
I keep the Lord ever in my sight:
since he is at my right hand, I shall stand firm.

And so my heart rejoices, my soul is glad;
even my body shall rest in safety.
For you will not leave my soul among the dead,
nor let your beloved know decay.

You will show me the path of life, †
the fullness of joy in your presence,
at your right hand happiness for ever.

Glory be...

SECOND SUNDAY IN ORDINARY TIME

Entrance Antiphon

Psalm 65 (66):4

All the earth shall bow down before you, O God, and shall sing to you,

shall sing to your name, O Most High!

†

Psalm 65 (66)

Cry out with joy to God all the earth,
O sing to the glory of his name.
O render him glorious praise.
Say to God: "How tremendous your deeds!

Because of the greatness of your strength
your enemies cringe before you.
Before you all the earth shall bow;
shall sing to you, sing to your name!"

Come and see the works of God,
tremendous his deeds among men.
He turned the sea into dry land,
they passed through the river dry-shod.

Let our joy then be in him;
he rules for ever by his might.
His eyes keep watch over the nations:
let rebels not rise against him.

O peoples, bless our God,
let the voice of his praise resound,
of the God who gave life to our souls
and kept our feet from stumbling.

For you, O God, have tested us,
you have tried us as silver is tried:
you led us, God, into the snare;
you laid a heavy burden on our backs.

You let men ride over our heads; †
we went through fire and through water
but then you brought us relief.

Burnt offering I bring to your house;
to you I will pay my vows,
the vows which my lips have uttered,
which my mouth spoke in my distress.

I will offer burnt offering of fatlings †
with the smoke of burning rams.
I will offer bullocks and goats.

Come and hear, all who fear God.
I will tell what he did for my soul:
to him I cried aloud,
with high praise ready on my tongue.

If there had been evil in my heart,
the Lord would not have listened;
But truly God has listened;
he has heeded the voice of my prayer.

Blessed be God who did not reject my prayer
nor withhold his love from me.

Glory be...

SECOND SUNDAY IN ORDINARY TIME

Communion Antiphon I

cf. Ps 22 (23):5

You have pre - pared a ta - ble be - fore me, and how — precious is the chalice that quen - ches my thirst.

Psalm 22 (23)

The Lord is my shepherd;
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose.

Near restful waters he leads me,
to revive my drooping spirit.
He guides me along the right path;
he is true to his name.

If I should walk in the valley of darkness
no evil would I fear.
You are there with your crook and your staff;
with these you give me comfort.

You have prepared a banquet for me
in the sight of my foes.
My head you have anointed with oil;
my cup is overflowing.

Surely goodness and kindness shall follow me
all the days of my life.
In the Lord's own house shall I dwell
for ever and ever.

Glory be...

SECOND SUNDAY IN ORDINARY TIME

Communion Antiphon II

1 John 4:16

We have — come to know and to believe in the — love that God has for us.

†

Psalm 145 (146)

My soul, give praise to the Lord; †
I will praise the Lord all my days,
make music to my God while I live.

Put no trust in princes,
in mortal men in whom there is no help.
Take their breath, they return to clay
and their plans that day come to nothing.

He is happy who is helped by Jacob's God,
whose hope is in the Lord his God,
who alone made heaven and earth,
the seas and all they contain.

It is he who keeps faith for ever,
who is just to those who are oppressed.
It is he who gives bread to the hungry,
the Lord, who sets prisoners free,

the Lord who gives sight to the blind,
who raises up those who are bowed down,
the Lord, who protects the stranger
and upholds the widow and orphan.

It is the Lord who loves the just
but thwarts the path of the wicked.
The Lord will reign for ever,
Zion's God, from age to age.

Alternative Psalm verses

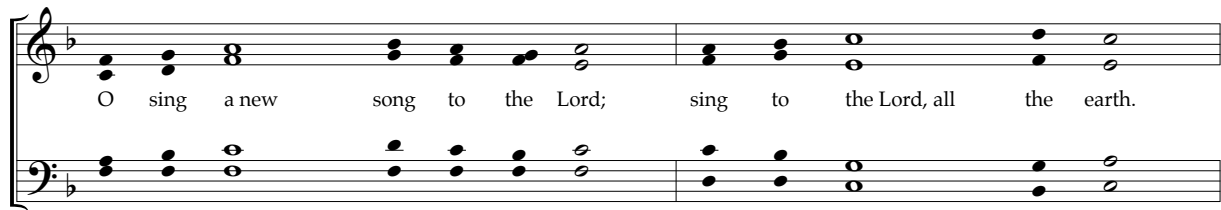
Psalm 33 (34)

Psalm 102 (103)

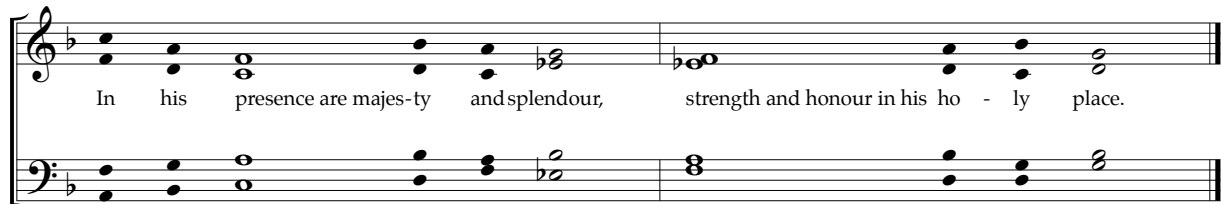
THIRD SUNDAY IN ORDINARY TIME

Entrance Antiphon

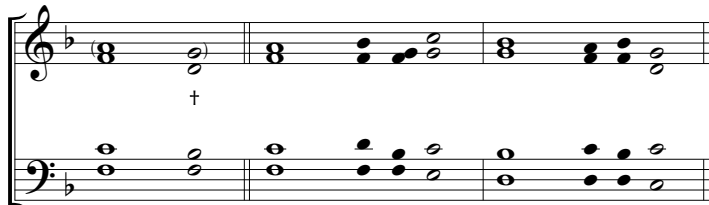
cf. Psalm 95 (96):1, 6



O sing a new song to the Lord; sing to the Lord, all the earth.



In his presence are majesty and splendour, strength and honour in his holy place.



†

Psalm 95 (96)

O sing a new song to the Lord, †
sing to the Lord all the earth.
O sing to the Lord, bless his name.

Proclaim his help day by day, †
tell among the nations his glory
and his wonders among all the peoples.

The Lord is great and worthy of praise, †
to be feared above all gods;
the gods of the heathens are naught.

It was the Lord who made the heavens, †
his are majesty and state and power
and splendour in his holy place.

Give the Lord, you families of peoples, †
give the Lord glory and power,
give the Lord the glory of his name.

Bring an offering and enter his courts, †
worship the Lord in his temple.
O earth, tremble before him.

Proclaim to the nations: "God is king." †
The world he made firm in its place;
he will judge the peoples in fairness.

Let the heavens rejoice and earth be glad,
let the sea and all within it thunder praise,
let the land and all it bears rejoice,
all the trees of the wood shout for joy

at the presence of the Lord for he comes
he comes to rule the earth.

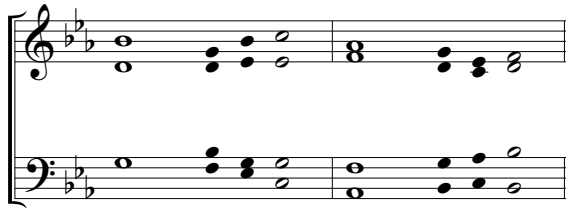
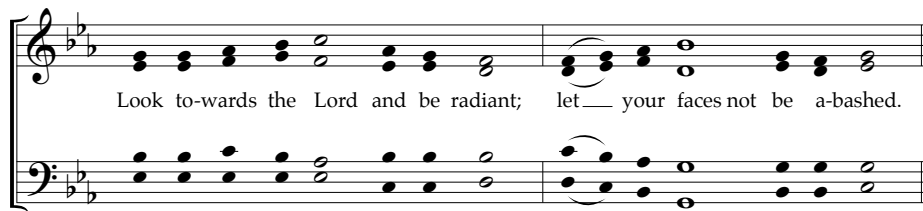
With justice he will rule the world,
he will judge the peoples with his truth.

Glory be...

THIRD SUNDAY IN ORDINARY TIME

Communion Antiphon I

cf. Psalm 33 (34):6



Psalm 33 (34)

I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its boast.
The humble shall hear and be glad.

Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free.

Look towards him and be radiant;
let your faces not be abashed.
This poor man called; the Lord heard him
and rescued him from all his distress.

The angel of the Lord is encamped
around those who revere him, to rescue them.
Taste and see that the Lord is good.
He is happy who seeks refuge in him.

Revere the Lord, you his saints.
They lack nothing, those who revere him.
Strong lions suffer want and go hungry
but those who seek the Lord lack no blessing.

Come, children and hear me
that I may teach you the fear of the Lord.
Who is he who longs for life
and many days, to enjoy his prosperity?

Then keep your tongue from evil
and your lips from speaking deceit.
Turn aside from evil and do good;
seek and strive after peace.

The Lord turns his face against the wicked
to destroy their remembrance from the earth.
The Lord turns his eyes to the just
and his ears to their appeal.

They call and the Lord hears
and rescues them in all their distress.
The Lord is close to the broken-hearted;
those whose spirit is crushed he will save.

Many are the trials of the just man
but from them all the Lord will rescue him.
He will keep guard over all his bones,
not one of his bones shall be broken.

Evil brings death to the wicked;
those who hate the good are doomed.
The Lord ransoms the souls of his servants.
Those who hide in him shall not be condemned.

Glory be...

THIRD SUNDAY IN ORDINARY TIME

Communion Antiphon II

John 8:12

I am the light of the world, says the Lord; who - ev - er follows me will not walk in darkness,

but — will have the light of life.

Psalm 111 (112)

Happy the man who fears the Lord,
who takes delight in all his commands.
His sons will be powerful on earth;
the children of the upright are blessed.

Riches and wealth are in his house;
his justice stands firm for ever.
He is a light in the darkness for the upright:
he is generous, merciful and just.

The good man takes pity and lends,
he conducts his affairs with honour.
The just man will never waver:
he will be remembered for ever.

He has no fear of evil news;
with a firm heart he trusts in the Lord.
With a steadfast heart he will not fear;
he will see the downfall of his foes.

Open-handed, he gives to the poor; †
his justice stands firm for ever.
His head will be raised in glory.

The wicked man sees and is angry, †
grinds his teeth and fades away;
the desire of the wicked leads to doom.
Glory be...

Alternative Psalm verses

Psalm 33 (34)

Psalm 35 (36):6–10

Psalm 26 (27)

FOURTH SUNDAY IN ORDINARY TIME

Entrance Antiphon

Psalm 105 (106): 47

Save us, O Lord — our God! And gath-er us from the nations, to give thanks to your ho-ly name,

and make it our glo-ry to praise you.

Psalm 121 (122)

I rejoiced when I heard them say:
“Let us go to God’s house.”
And now our feet are standing
within your gates, O Jerusalem.

Jerusalem is built as a city
strongly compact.
It is there that the tribes go up,
the tribes of the Lord.

For Israel’s law it is,
there to praise the Lord’s name.
There were set the thrones of judgment
of the house of David.

For the peace of Jerusalem pray:
“Peace be to your homes!
May peace reign in your walls,
in your palaces, peace!”

For love of my brethren and friends
I say: “Peace upon you!”
For love of the house of the Lord
I will ask for your good.

Glory be...

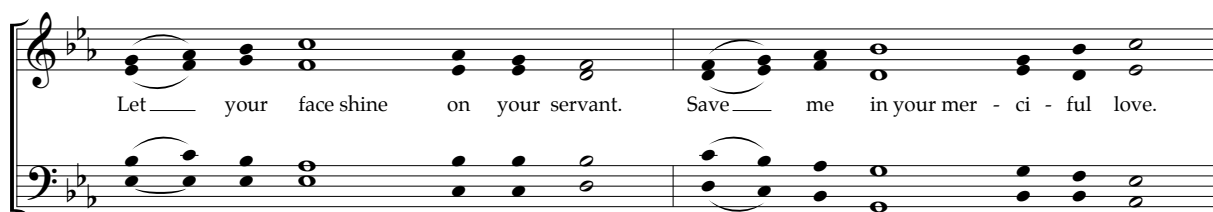
Alternative Psalm verses

Ecclesiasticus 36:1–7, 13, 16–22

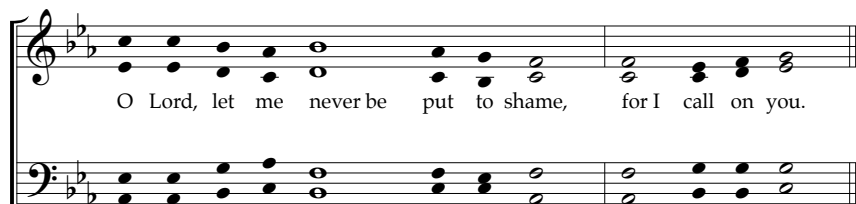
FOURTH SUNDAY IN ORDINARY TIME

Communion Antiphon I

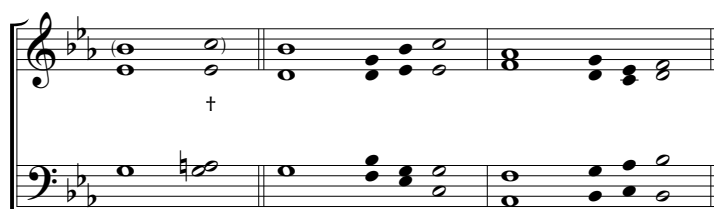
cf. Psalm 30 (31): 17–18



Let your face shine on your servant. Save me in your merciful love.



O Lord, let me never be put to shame, for I call on you.



†

Psalm 30 (31): 2–6, 8ab, 15–16a

In you, O Lord, I take refuge.
Let me never be put to shame.
In your justice, set me free,
hear me and speedily rescue me.

Be a rock of refuge for me,
a mighty stronghold to save me,
for you are my rock, my stronghold.
For your name's sake, lead me and guide me.

Release me from the snares they have hidden
for you are my refuge, Lord.
Into your hands I commend my spirit.
It is you who will redeem me, Lord.

As for me, I trust in the Lord:
let me be glad and rejoice in your love.

As for me, I trust in you, Lord, †
I say: "You are my God.
My life is in your hands, deliver me.

Glory be...

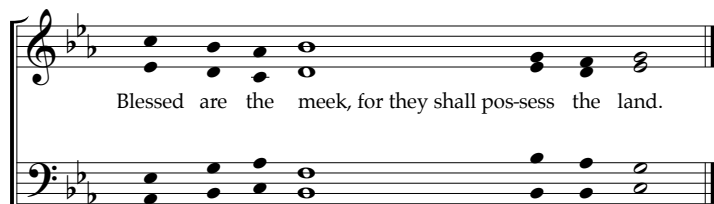
FOURTH SUNDAY IN ORDINARY TIME

Communion Antiphon II

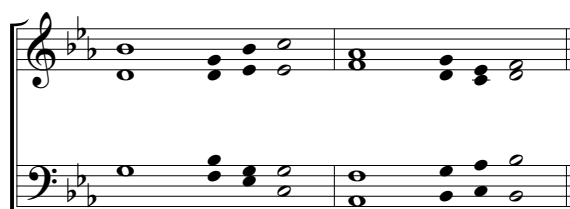
Matthew 5:3-4



Blessed are the poor in spirit, for theirs is the kingdom of heaven.



Blessed are the meek, for they shall possess the land.



Psalms 36 (37): 1, 3, 16, 18, 23, 27

Do not fret because of the wicked;
do not envy those who do evil:
If you trust in the Lord and do good,
then you will live in the land and be secure.

The just man's few possessions
are better than the wicked man's wealth;
He protects the lives of the upright,
their heritage will last for ever.

The Lord guides the steps of a man
and makes safe the path of one he loves.
Then turn away from evil and do good
and you shall have a home for ever.

Glory be...

Alternative Psalm verses

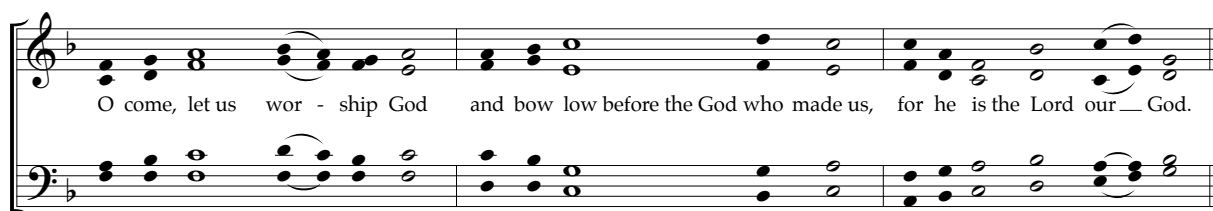
Psalm 33 (34)

Psalm 145 (146)

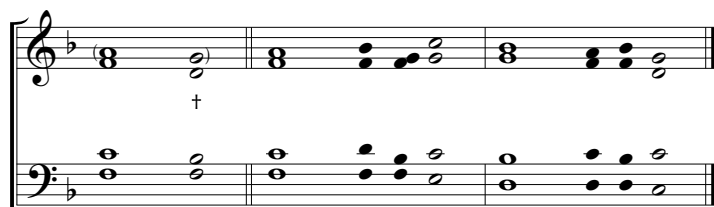
FIFTH SUNDAY IN ORDINARY TIME

Entrance Antiphon

Psalm 94 (95):6-7



O come, let us wor - ship God and bow low before the God who made us, for he is the Lord our God.



†

Psalm 94 (95)

Come, ring out our joy to the Lord;
hail the rock who saves us.
Let us come before him, giving thanks,
with songs let us hail the Lord.

A mighty God is the Lord,
a great king above all gods.
In his hand are the depths of the earth;
the heights of the mountains are his.
To him belongs the sea, for he made it
and the dry land shaped by his hands.

Come in; let us bow and bend low;
let us kneel before the God who made us
for he is our God †
and we the people who belong to his pasture,
the flock that is led by his hand.

O that today you would listen to his voice! †
“Harden not your hearts as at Meribah,
as on that day at Massah in the desert
when your fathers put me to the test;
when they tried me, though they saw my work.

For forty years I was wearied of these people †
and I said: ‘Their hearts are astray,
these people do not know my ways.’
Then I took an oath in my anger:
‘Never shall they enter my rest.’”

Glory be...

FIFTH SUNDAY IN ORDINARY TIME

Communion Antiphon I

cf. Psalm 106 (107): 8-9

Let them thank the Lord for his mercy, his wonders for the children of men,

for he satisfies the thirsty soul, and the hungry he fills with good things.

Psalm 106 (107):1-7

O give thanks to the Lord for he is good;
for his love endures for ever.

Let them say this, the Lord's redeemed,
whom he redeemed from the hand of the foe
and gathered from far-off lands,
from east and west, north and south.

Some wandered in the desert, in the wilderness,
finding no way to a city they could dwell in.
Hungry they were and thirsty;
their soul was fainting within them.

Then they cried to the Lord in their need
and he rescued them from their distress
and he led them along the right way,
to reach a city they could dwell in.

Glory be...

Alternative Psalm verses

Psalm 145 (146)

FIFTH SUNDAY IN ORDINARY TIME

Communion Antiphon II

Matthew 5:5-6

Blessed are those who mourn, for they shall be con - soled.

Blessed are those who hunger and thirst for righteousness, for they shall have their fill.

Psalm 36 (37): 1, 2, 16, 18, 19, 23, 27

Do not fret because of the wicked;
do not envy those who do evil:
for they wither quickly like grass
and fade like the green of the fields

The just man's few possessions
are better than the wicked man's wealth;
He protects the lives of the upright,
their heritage will last for ever.

They shall not be put to shame in evil days,
in time of famine their food shall not fail.

The Lord guides the steps of a man
and makes safe the path of one he loves.
Then turn away from evil and do good
and you shall have a home for ever.

Glory be...

Alternative Psalm verses

Psalm 33 (34)

Psalm 125 (126)

Isaiah 49:7-13

SIXTH SUNDAY IN ORDINARY TIME

Entrance Antiphon

Psalm 30 (31):3-4

Be my pro-tec-tor, O God, a migh - ty stronghold to save me. For you are my rock, my stronghold!

Lead me, guide me, for the sake of your name.

Psalm 30 (31):1-9

In you, O Lord, I take refuge.
Let me never be put to shame.
In your justice, set me free,
hear me and speedily rescue me.

Be a rock of refuge for me,
a mighty stronghold to save me,
for you are my rock, my stronghold.
For your name's sake, lead me and guide me.

Release me from the snares they have hidden
for you are my refuge, Lord.
Into your hands I commend my spirit.
It is you who will redeem me, Lord.

O God of truth, you detest
those who worship false and empty gods.
As for me, I trust in the Lord:
let me be glad and rejoice in your love.

You who have seen my affliction
and taken heed of my soul's distress,
have not handed me over to the enemy,
but set my feet at large.

Glory be...

Alternative Psalm verses

Psalm 17 (18): 2-7, 17-20

Psalm 27 (28)

SIXTH SUNDAY IN ORDINARY TIME

Communion Antiphon I

cf. Psalm 77 (78):29-30

They ate and had their fill, and what they craved the Lord gave them;

they were not disappointed in what they craved.

Psalm 77 (78): 1, 3-4, 23-28

Give heed, my people to my teaching;
turn your ear to the words of my mouth.
The things we have heard and understood,
the things our fathers have told us.

Yet he commanded the clouds above
and opened the gates of heaven.
He rained down manna for their food,
and gave them bread from heaven.

Mere men ate the bread of angels.
He sent them abundance of food:
he made the east wind blow from heaven
and roused the south wind by his might.

He rained food on them like dust,
winged fowl like the sands of the sea.
He let it fall in the midst of their camp
and all around their tents.

Glory be...

SIXTH SUNDAY IN ORDINARY TIME

Communion Antiphon II

John 3:16

God so loved the world that he gave his Only Be - got - ten Son,
so that all who be - lieve in him may not perish, but may have e - ter - nal life.

†

Psalm 102 (103)

My soul, give thanks to the Lord,
all my being bless his holy name.
My soul, give thanks to the Lord
and never forget all his blessings.

It is he who forgives all your guilt,
who heals every one of your ills,
who redeems your life from the grave,
who crowns you with love and compassion,
who fills your life with good things,
renewing your youth like an eagle's

The Lord does deeds of justice,
gives judgment for all who are oppressed.
He made known his ways to Moses
and his deeds to Israel's sons.

The Lord is compassion and love,
slow to anger and rich in mercy.
His wrath will come to an end;
he will not be angry for ever.
He does not treat us according to our sins
nor repay us according to our faults.

For as the heavens are high above the earth
so strong is his love for those who fear him.
As far as the east is from the west
so far does he remove our sins.

As a father has compassion on his sons,
the Lord has pity on those who fear him;
for he knows of what we are made,
he remembers that we are dust.

As for man, his days are like grass;
he flowers like the flower of the field;
the wind blows and he is gone
and his place never sees him again.

But the love of the Lord is everlasting†
upon those who hold him in fear;
his justice reaches out to children's children
when they keep his covenant in truth,
when they keep his will in their mind.

The Lord has set his sway in heaven
and his kingdom is ruling over all.
Give thanks to the Lord, all his angels,†
mighty in power, fulfilling his word,
who heed the voice of his word.

Give thanks to the Lord, all his hosts,
his servants who do his will.
Give thanks to the Lord, all his works,†
in every place where he rules.
My soul, give thanks to the Lord!

Glory be...

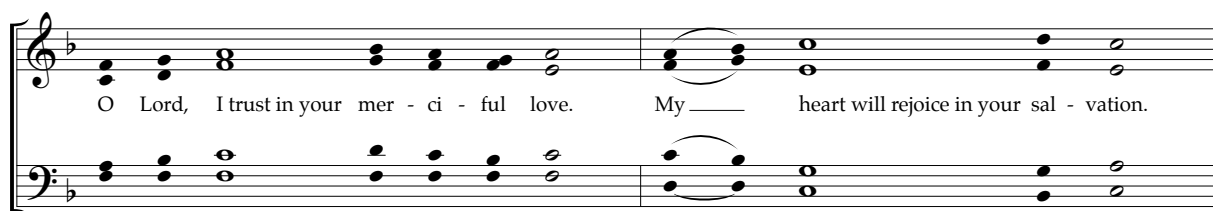
Alternative Psalm verses

Psalm 33 (34)

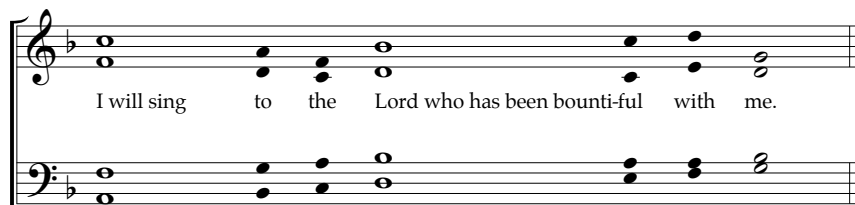
SEVENTH SUNDAY IN ORDINARY TIME

Entrance Antiphon

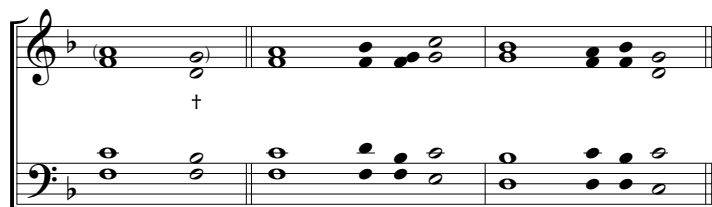
Psalm 12 (13):6



O Lord, I trust in your mer - ci - ful love. My heart will rejoice in your sal - vation.



I will sing to the Lord who has been bounti-ful with me.



†

Psalm 12 (13)

How long, O Lord, will you forget me?
How long will you hide your face?
How long must I bear grief in my soul, †
this sorrow in my heart day and night?
How long shall my enemy prevail?

Look at me, answer me, Lord my God!
Give light to my eyes lest I fall asleep in death,
lest my enemy say: "I have overcome him";
lest my foes rejoice to see my fall.

As for me, I trust in your merciful love.
Let my heart rejoice in your saving help:
Let me sing to the Lord for his goodness to me,
singing psalms to the name of the Lord, the Most High.

Glory be...

Alternative Psalm verses

Psalm 39 (40): 2-12

SEVENTH SUNDAY IN ORDINARY TIME

Communion Antiphon I

Psalm 9:2-3

I will re - count all your wonders, I will re - joice and be glad,

and sing — songs to your name, O Most High.

Psalm 9:8-13

The Lord sits enthroned for ever.
He has set up his throne for judgment;
he will judge the world with justice,
he will judge the peoples with his truth.

For the oppressed let the Lord be a stronghold,
a stronghold in times of distress.
Those who know your name will trust you:
you will never forsake those who seek you.

Sing psalms to the Lord who dwells in Zion.
Proclaim his mighty works among the peoples;
for the Avenger of blood has remembered them,
has not forgotten the cry of the poor.

Glory be...

SEVENTH SUNDAY IN ORDINARY TIME

Communion Antiphon II

John 11:27

Lord, I have come to be-lieve that you are the Christ, the Son of the liv - ing God,

who — is coming in - to this world.

Psalms 118 (119):33-40

Teach me the demands of your statutes
and I will keep them to the end.
Train me to observe your law,
to keep it with my heart.

Guide me in the path of your commands;
for there is my delight.
Bend my heart to your will
and not to love of gain.

Keep my eyes from what is false:
by your word, give me life.
Keep the promise you have made
to the servant who fears you.

Keep me from the scorn I dread,
for your decrees are good.
See, I long for your precepts:
then in your justice, give me life.

Glory be...

Alternative Psalm verses

Psalm 22 (23)

Psalm 33 (34)

EIGHTH SUNDAY IN ORDINARY TIME

Entrance Antiphon

cf. Psalm 17 (18): 19–20

The Lord be - came my pro- tector. He brought me out to a place of freedom;

he saved me be - cause he de - ligh - ted me.

Psalm 17 (18):2–7, 17–20

I love you, Lord, my strength,
my rock, my fortress, my saviour.
My God is the rock where I take refuge;
my shield, my mighty help, my stronghold.
The Lord is worthy of all praise:
when I call I am saved from my foes.

The waves of death rose about me;
the torrents of destruction assailed me;
the snares of the grave entangled me;
the traps of death confronted me.

In my anguish I called to the Lord;
I cried to my God for help.
From his temple he heard my voice;
my cry came to his ears.

From on high he reached down and seized me;
he drew me forth from the mighty waters.
He snatched me from my powerful foe,
from my enemies whose strength I could not match.

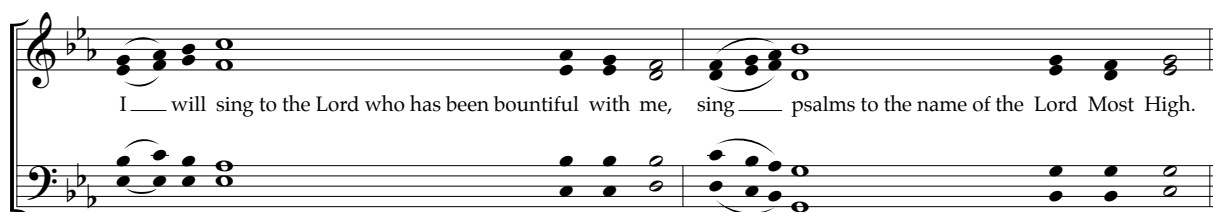
They assailed me in the day of my misfortune,
but the Lord was my support.
He brought me forth into freedom,
he saved me because he loved me.

Glory be...

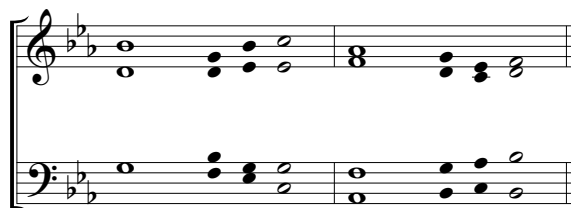
EIGHTH SUNDAY IN ORDINARY TIME

Communion Antiphon I

cf. Psalm 12 (13):6



I ___ will sing to the Lord who has been bountiful with me, sing ___ psalms to the name of the Lord Most High.



Psalm 32 (33)

Ring out your joy to the Lord, O you just;
for praise is fitting for loyal hearts.

Give thanks to the Lord upon the harp,
with a ten-stringed lute sing him songs.
O sing him a song that is new,
play loudly, with all your skill.

For the word of the Lord is faithful
and all his works to be trusted.
The Lord loves justice and right
and fills the earth with his love.

By his word the heavens were made,
by the breath of his mouth all the stars.
He collects the waves of the ocean;
he stores up the depths of the sea.

Let all the earth fear the Lord,
all who live in the world revere him.
He spoke; and it came to be.
He commanded; it sprang into being.

He frustrates the designs of the nations,
he defeats the plans of the peoples.
His own designs shall stand for ever,
the plans of his heart from age to age.

They are happy, whose God is the Lord,
the people he has chosen as his own.
From the heavens the Lord looks forth,
he sees all the children of men.

From the place where he dwells he gazes
on all the dwellers on the earth,
he who shapes the hearts of them all
and considers all their deeds.

A king is not saved by his army,
nor a warrior preserved by his strength.
A vain hope for safety is the horse;
despite its power it cannot save.

The Lord looks on those who revere him,
on those who hope in his love,
to rescue their souls from death,
to keep them alive in famine.

Our soul is waiting for the Lord.
The Lord is our help and our shield.
In him do our hearts find joy.
We trust in his holy name.

May your love be upon us, O Lord,
as we place all our hope in you.

Glory be...


Alternative Psalm verses

Psalm 12 (13)

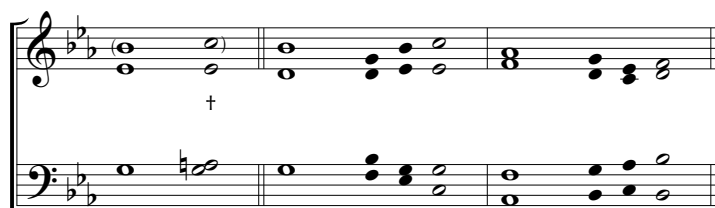
EIGHTH SUNDAY IN ORDINARY TIME

Communion Antiphon II

Matthew 28:20



Be-hold, I am with you — always, ev - en to the end of the age, says the Lord.



†

Psalm 67 (68): 2, 5-6, 19-21, 25, 29-36

Let God arise, let his foes be scattered.
Let those who hate him flee before him.
O sing to the Lord, make music to his name; †
make a highway for him who rides on the clouds.
Rejoice in the Lord, exult at his presence.
Father of the orphan, defender of the widow,
such is God in his holy place.
You have gone up on high;
you have taken captives, †
receiving men in tribute, O God,
even those who rebel, into your dwelling, O Lord.
May the Lord be blessed day after day.
He bears our burdens, God our saviour.
This God of ours is a God who saves.
The Lord our God holds the keys of death.
They see your solemn procession, O God,
the procession of my God, of my king,
to the sanctuary.

Show forth, O God, show forth your might,
your might, O God, which you have shown for us
for the sake of your temple high in Jerusalem
may kings come to you bringing their tribute.
Threaten the wild beast that dwells in the reeds,
the bands of the mighty and lords of the peoples.
Let them bow down offering silver.
Scatter the peoples who delight in war.
Princes will make their way from Egypt:
Ethiopia will stretch out her hands to God.
Kingdoms of the earth, sing to God,
praise the Lord
who rides on the heavens, the ancient heavens.
He thunders his voice, his mighty voice.
Come, acknowledge the power of God.
His glory is on Israel; his might is in the skies.
God is to be feared in his holy place.
He is the Lord, Israel's God. †
He gives strength and power to his people.
Blessed be God!
Glory be...

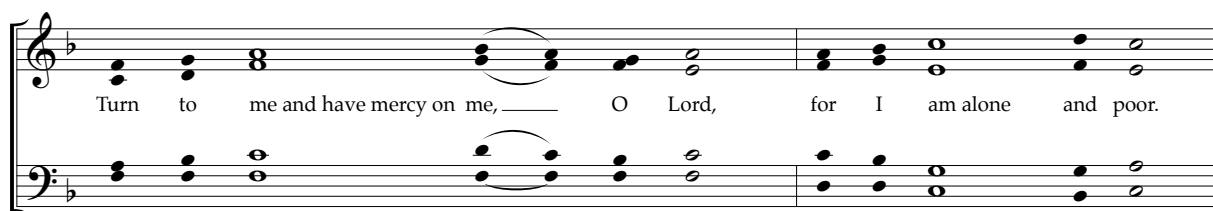
Alternative Psalm verses

Psalm 33 (34)

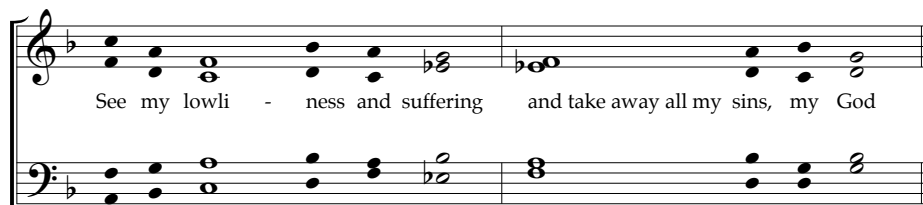
NINTH SUNDAY IN ORDINARY TIME

Entrance Antiphon

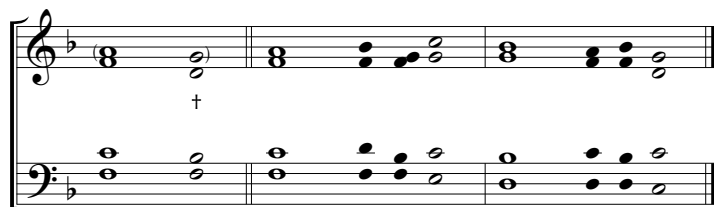
cf. Psalm 24 (925):16, 18



Turn to me and have mercy on me, O Lord, for I am alone and poor.



See my lowliness and suffering and take away all my sins, my God



†

TO YOU, O Lord, I lift up my soul.

Psalm 24 (25)

TO YOU, O Lord, I lift up my soul. †
I trust you, let me not be disappointed;
do not let my enemies triumph.
Those who hope in you shall not be disappointed,
but only those who wantonly break faith.

Lord, make me know your ways.
Lord, teach me your paths.
Make me walk in your truth, and teach me
for you are God my saviour.

In you I hope all day long
because of your goodness, O Lord.
Remember your mercy, Lord,
and the love you have shown from of old.
Do not remember the sins of my youth.
In your love remember me.

The Lord is good and upright.
He shows the path to those who stray,
He guides the humble in the right path;
He teaches his way to the poor.

His ways are faithfulness and love
for those who keep his covenant and will.
Lord, for the sake of your name
forgive my guilt; for it is great.

If anyone fears the Lord
he will show him the path he should choose.
His soul shall live in happiness
and his children shall possess the land.
The Lord's friendship is for those who revere him;
to them he reveals his covenant.

My eyes are always on the Lord;
for he rescues my feet from the snare.
Turn to me and have mercy
for I am lonely and poor.

Relieve the anguish of my heart
and set me free from my distress.
See my affliction and my toil
and take all my sins away.

See how many are my foes;
how violent their hatred for me.
Preserve my life and rescue me.
Do not disappoint me, you are my refuge.

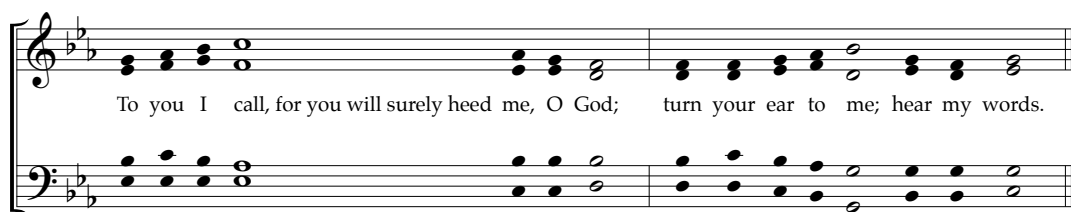
May innocence and uprightness protect me: †
for my hope is in you, O Lord.
Redeem Israel, O God, from all its distress.

Glory be...

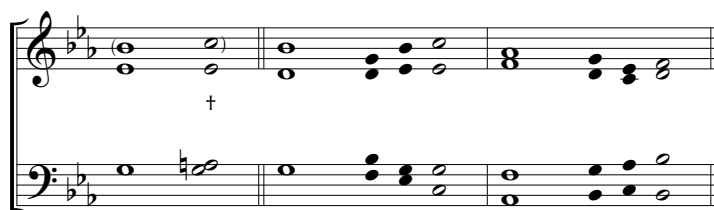
NINTH SUNDAY IN ORDINARY TIME

Communion Antiphon I

cf. Psalm 16 (17):6



To you I call, for you will surely heed me, O God; turn your ear to me; hear my words.



†

Psalm 16 (17): 2, 5, 7, 8–9a, 15

From you may my judgment come forth.
Your eyes discern the truth.

I kept my feet firmly in your paths;
there was no faltering in my steps.

Display your great love, you whose right hand saves
your friends from those who rebel against them.

Guard me as the apple of your eye. †
Hide me in the shadow of your wings
from the violent attack of the wicked.

As for me, in my justice I shall see your face
and be filled, when I awake, with the sight of your glory.

Glory be...

NINTH SUNDAY IN ORDINARY TIME

Communion Antiphon II

Mark 11:23, 24

A-men I say to you: What-ev - er you ask for in prayer, believe you will re - ceive it

and it will be yours, says the Lord.

Psalm 60 (61)

O God, hear my cry!

Listen to my prayer!

From the end of the earth I call:
my heart is faint.

On the rock too high for me to reach
set me on high,

O you who have been my refuge,
my tower against the foe.

Let me dwell in your tent for ever
and hide in the shelter of your wings.
For you, O God, hear my prayer,
grant me the heritage of those who fear you.

May you lengthen the life of the king:
may his years cover many generations.
May he ever sit enthroned before God:
bid love and truth be his protection.

So I will always praise your name
and day after day fulfil my vows.

Glory be...

Alternative Psalm verses

Psalm 85 (86)